Information on the use of the self-tests

*Blow your nose several times before taking the sample and wash your hands afterwards.*

1. Open the extraction solution.
   **CAUTION:** Open it away from the face and be careful not to spill any of the liquid.

2. Press the entire contents of the extraction solution into the extraction tube.
   **CAUTION:** Avoid contact between the two pipes. Make sure that the container does not fall over.

3. Find the swab in the sealed package in front of you. Identify the soft, textile tip of the swab.

4. Pull open the swab packaging and carefully remove the swab.
   **CAUTION:** Try not to touch the soft, textile tip of the swab with your hands.

5. Carefully insert the swab into one nostril. The swab tip should be inserted up to 2.5 cm deep from the edge of the nostril. Rotate along the mucosa in the nostril to ensure that both mucus and cells are collected. Rotate the swab 3-4 times. Leave the swab in the nostril for a few seconds. Repeat the procedure with the same swab in the other nostril.
   **CAUTION:** This may feel uncomfortable. Do not insert the swab deeper if you feel strong resistance or pain.

6. Insert the swab with the sample into the extraction tube. Now rotate the swab three to five (3-5) times. **Leave the swab in the extraction buffer for 1 minute.**

7. Squeeze the extraction tube with your fingers and then remove the solution from the swab as best you can while pulling out the swab and placing it on a disposable tissue.
8. Place the cover cap with dropper attachment on the extraction tube.

9. Open the pouch and remove the test cassette. Place the test cassette on a flat and level surface.
   **CAUTION:** After opening, the test cassette must be used immediately.

10. Invert the extraction tube and add 3 drops (75 μl) of the test sample to the sample well (S) by gently pressing the extraction tube.
   **CAUTION:** Avoid the formation of air bubbles in the specimen well (S).

11. The result is displayed after 15-20 minutes.
   **CAUTION:** After more than 20 minutes can distort the result.

**Interpretation of the test results**

**Positive:**
If two color lines appear within 15-20 minutes - one color line in the control area (C) and one color line in the test area (T) - the test is valid and positive. The result is considered positive no matter how faint the color line is seen in the test area (T). A positive result does not exclude co-infection with other pathogens.

**Negative:**
If a color line appears in the control region (C) within 15-20 minutes, but no color line is seen in the test region (T), the test is valid and negative. A negative result does not rule out viral infection with SARS-CoV-2 and should be confirmed by molecular diagnostic methods if COVID-19 is suspected.

**Invalid:**
If no color line appears in the control area (C) within 15-20 minutes, the test is invalid. Repeat the test with a new test cassette.

_Wash your hands afterwards._