



Technische  
Universität  
Braunschweig



# Postdoc Programme

WINTER SEMESTER 2021/22

- [Website of the Postdoc Programme](#)
- [Website of the Mentoring Offers](#)



The aim of our postdoc programme is to accompany you in all stages of planning your career path and give you support tailored to your needs. The programme consists of workshops for various areas of expertise, networking events with changing impulses, and the opportunity for individual coaching.

In addition, we offer a mentoring with experienced professors from TU Braunschweig with a focus on career development and career planning. Check out our → [website](#) for the accompanying offers like consulting, coaching and mentoring.

# Workshops in the Postdoc Programme

## Winter Semester 2021/22

Please register for the workshops via e-mail:

✉ [postdoc-programm@tu-braunschweig.de](mailto:postdoc-programm@tu-braunschweig.de)

21 October 2021, 09:00–10:30

### **GITZ Services**

The Gauß IT Centre (GITZ) offers interested postdocs a general introduction to the main services provided, such as e-mail and groupware, learning and teaching platforms, and printing storage services. The event consists of a presentation of about 60 minutes, followed by a 30-minute Q&A session.

03 November 2021, 17:00–19:00

### **Entrepreneurship Skills for Postdocs**

Entrepreneurship is the art of creative destruction. The ability to think, act, and connect in an entrepreneurial manner is as relevant in science as it is in the industry. This workshop is designed specifically for postdocs and provides an introduction to the topic as well as practical exercises and an overview of entrepreneurship guidance and support within TU Braunschweig and beyond.

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17 November 2021, 09:00–12:00

## **Planning Your Scientific Career in the Context of Research Funding**

This short workshop will provide you with an overview of the most relevant funding programmes for postdocs. We will discuss funding opportunities in the context of your scientific career planning and in short group work you will have the opportunity to develop your own strategy and exchange experiences and ideas with fellow postdocs.

03 December 2021, 14:00–15:00

## **Coffee Break: Career Path Professorship: Professorship at a University of Applied Sciences**

**PROF. FELIX BÜSCHING**

Research and teaching are not only carried out at 106 German universities – research and teaching also take place at the 216 universities of applied sciences, although they are usually more focused on teaching. Felix Büsching, who has been teaching and researching as a professor at the Ostfalia University of Applied Sciences since 2020, reports on why a UAS professorship can be an interesting option, based on his personal career.

09 December 2021, starting at 18:00

## **Coffee Break: Braunschweig Christmas Market**

Christmas is coming! If the Corona situation allows it, we would like to offer a meet-up at the Christmas market in Braunschweig for a cosy mulled wine in good company. We will send you all the details shortly before the event.

19 January 2022, 09:00–13:00

## **Career Path Professorship: The Challenge of the Demonstration Lesson**

The path to professorship includes a demonstration lesson, which will require you to both outline your academic qualifications in a short time and effectively demonstrate your teaching skills. The workshop focuses on the topic of teaching and discusses the requirements that are placed on your teaching skills. You will gain insights into how you should set up your demonstration lesson and receive helpful advice for preparing for your sample lecture.

27 January 2022, 10:00–13:00

## **Stressed? How to Cope with it**

Everyone knows stress and everyone has experienced it, but also, everyone deals with it differently. In this workshop, you will learn how to reflect on yourself with the help of Kaluza's stress traffic light system. You will get to know strategies and practical methods for dealing with stressful situations. Take the opportunity to share your experiences with others and look at stress from different perspectives.



10 February 2022 & 21 February 2022, 09:00–12:00

## **Leadership II: Leadership in Multicultural and Interdisciplinary Teams**

*This is the second workshop of our three-part series on leadership. Participation in the first workshop of the series is not required for registration.* In this workshop, we will take a closer look at working in diverse teams. Intercultural leadership includes an understanding of differences in cultural backgrounds, which we will consider based on theoretical models. During the workshop, we will reflect on how leaders can take this into account and lead depending on the different requirements of each follower and situation. For this, individual challenges and situations from everyday situations will be discussed.

24 February 2022, 14:00–15:00

## **Coffee Break: Career Path to Industry: Pharmaceutical industry**

**DR. THOMAS SCHLANGE, BOEHRINGER-INGELHEIM**

The pharmaceutical industry offers several career paths for scientists and engineers with backgrounds in different fields and at different career stages. Besides classical R&D lab head or production roles, specialization in e.g. patent law, project management or bioinformatics open additional points of entry in the life science industry. In this coffee break, requirements and opportunities of working in “pharma” will be discussed and potential application strategies for postdocs will be outlined.

**If you have any suggestions for the programme, please contact us:**

✉ [team-early-career@tu-braunschweig.de](mailto:team-early-career@tu-braunschweig.de)



All photos by airfocus on Unsplash

08 March 2022, 09:00–18:00

## Self-presentation and Rhetorics

As a postdoc, you have to present yourself and your work in varying situations and contexts such as scientific lectures or courses. We will show you how to enhance your professional performance on stage ...

- by taking up a firm position;
- by making directed moves that allow you to underline your content while staying in contact with your audience;
- by using your body (legs, arms, voice) in order to come to terms with nervousness;

and how to increase your self-confidence ...

- with strong tools to analyze your target group, your goal, your key message;
- with a simple structure that includes a read thread, a strong start and a convincing final;
- with rhetoric tips on how to lead a discussion, how to deal with difficult questions, objections etc.