Graduiertenakademie Grad^{TUBS} 1. Halbjahr 2021

Body Language for Professionals II: How to Create a Great Impression in Virtual Meetings

This workshop completes our previous workshop *Body Language in Virtual Meetings*. It can also be booked individually, if you already have some basic knowledge of the subject.

Are you preparing for the next virtual presentation, an online meeting or a virtual job interview? You want to appear confident and relaxed and at the same time create a great impression on your future boss and colleagues?

In this workshop, you will have the opportunity to further practice the use of body language and facial expressions in different virtual situations. Along with the content from part I of this course, part II will familiarise you with additional strategies and techniques. The focus will be on different ways to improve your own body language and appearance while feeling confident and good about it at the same time. All guestions are welcome!

As a participant of this workshop you will learn:

- how to improve your body language in virtual situations
- how to read the body language of others in virtual situations
- how to use your voice for a confident and focused appearance in virtual meetings.

Trainerin: Victorija Rakucha

This workshop will be held online and in English.