

Potential analysis - exploring your strengths and achieving your objectives

Discovering your full potential and developing your capabilities in a targeted manner is the key to professional and private fulfilment. Often we are not aware of our strengths or find it quite difficult to 'sell' our profile naturally and authentically to convince others (for example in a job interview).

In line with a 'strengthen your strengths' mind-set, you will develop your own 'potential landscape' and present it to the other workshop participants. The appreciative and constructive feedback from the group as well as from the trainer, who is an experienced HR manager, will give you valuable and practical impulses for your next professional development steps.

Topics

In the workshop you will cover the following topics:

- Understanding different types of personalities
- Exploring own 'landscape of strengths and potential'
- Talking about strengths and weaknesses authentically
- Self reflection about own motives, drivers and values
- Identification of career objectives and focus on achieving them
- Relevance of values and 'career anchors' in professional life

Methods

In our workshop we collaborate very interactively and with a mix of methods.

Notice

This workshop will be held in English and online! As a preparatory exercise, you will be asked to fill out an online personality questionnaire.

