

Leadership and Teambuilding

Content

Being able to work with a team and effectively lead others are essential skills for working in business, industry or academia. Regardless of whether they are interested in pursuing a leadership position in the future, many doctoral students are responsible for supervising other students and other leadership tasks. This often means working with and leading people from diverse backgrounds who have different communication styles, different preferences for how to work together, and different ideas on how to carry out tasks. It also sometimes means leading projects, workgroups or teams without being in an official leadership position. Leading and motivating colleagues and team members who are on the same hierarchical level can be particularly challenging. During this workshop, you will learn and practice the skills needed to effectively lead and motivate others, give constructive feedback, and communicate effectively. Experiential activities, self-reflection and role plays will give you the opportunity to identify and apply your own personal strengths to leading and working effectively with a team.

Topics

- Finding your leadership style
- Positioning yourself as a team leader
- Balancing team members, colleagues and superiors
- Communicating with team members
- Giving constructive feedback
- Delegating tasks
- Motivating team members
- Handling difficult leadership situations
- Assessing your own performance as a leader

Method

Individual work, partner and small group exercises, group discussion, role plays with feedback, PowerPoint presentation. A pre-seminar task as well as homework assignments between sessions will be required.