



Clinical Psychology, Psychiatry and Psychotherapy in Russia Past and Present

- Vortrag von Dr. Yakov Kochetkov, *Centre for Cognitive Therapy, Moskau*
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Russian psychiatry, psychotherapy and clinical psychology has a long history. Before the October Revolution and the first 10 years after our psychiatry and psychotherapy developed in the same stream as in Western Europe and USA. Many famous scientists as Pavlov, Korsakoff, Bekhterev, Vygotsky and others had enriched world psychology and psychiatry.

But after the first 10 years psychotherapy was practically prohibited with the exception of hypnosis and «rational psychotherapy». There was also a period when psychiatry was used in political goals. In this period Soviet psychiatry faced with overdiagnostics of schizophrenia.

All these issue has influence on modern situation in Russian psychiatry and psychotherapy. Evidence-based types of psychotherapy are still underdeveloped and problems with diagnostics occur. But nevertheless, there are many modern changes started in this field in Russia.

Psychologie am Abend – nächster Termin im Wintersemester 2015/16:

12.01.2016 Symptomfokussierte psychodynamische Kurzzeitpsychotherapie

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